

12 kuMgwengweni 2020

ILimi leKhaya esiGabeni esisiSekelo

UMLAYEZO WECOVID -19

Lotjhani balingani **abaseSigabeni esisiSekelo beLimi leKhaya**

Abantwana bethu abasesebancani maduzana nje babone begodu baba nelemuko lezinto ezinengi ezitjha, ngebanga lengogwana ye COVID-19. Ukuze sithuthukise amakghono wabo okuzwisisa, kuqakathekile bonyana sibambe iinkulumiswano nabantwana, ukubasiza bonyana bazwisise lokhu abakuzwako/abakulemukako .

Alo-ke singakwenza kunjani lokhu?

Okokuthoma, singasiza abantwana ukubona nanyana ngiwaphi amatjhuguluko abawabonileko nofana abawalemukileko.

Buza imibuzo efana nokuthi:

- Ubona ini lokha nawuqala ngaphandle?
- Kungabe lokhu kuhlukile nofana kusafana nangaphambilini?
- Nangabe kuhlukile, kuhluke kunjani/ngani? Yini okulemukako?
- Kungabe ubona abantu abanengi nofana abambalwa begodu neenkoloyi ezingangani ngaphandle?
- Ukhe wabukela nanyana ngiziphi iindaba ezikumabonwakude? Nangabe uzibukelile, khuyini okubonileko?
- Kungabe kukhona into ehlukileko ngabantu abaseendabeni? Nangabe kukhona, khuyini?
- Khuyini ebesizwa ngakho okuseendabeni

Okwesibili, singasiza abantwana ukuzwisisa lokho abakubonileko nofana abakulemukileko.

Buza imibuzo efana nokuthi:

- Uyazi bonyana kubayini izinto zihlukile/zingafani?
- Nangabe uyazi, ngitjela kobana yini okwaziko ngalokhu.
- Ngimaphi amagama amatjha owezwileko?
- Ungangitjela bonyana ucabanga kobana atjho ukuthini amagama lawa?
- Uzizwa kunjani ngamatjhuguluko owalemukileko lawa?
- Kungabe ikhona into ongayizwisisiko ngalokhu okwenzakalako? Nangabe kunjalo, khuyini?
- Utshwenyekile ngalokhu okwenzakalako? nangabe kunjalo, khuyini okukutshwenyako?
- Lokhu kukwenza uzizwe kunjani?

Okulandelako, singarhelebha abantwana ukutjho begodu nokuzwisisa lokho abakubonileko nabakulemukileko.

- Fundisa abantwana ilwazi-magama abafanele balikhululume ngalokho abakubonileko, ilemuko begodu nangamaziso wabo. Ungasabi ukufundisa abantwana abasesebancani ilwazi-magama elibudisi. Lokhu kungafaka hlangana amagama afana nokuthi: iphandemiki; ingogwana; ukuqindeliswa kwamakhombo; ukuhlalalana/ukujamelana maqalanga; imaski yebusweni; amasanithayiza; ukutjhiseka/itjiseko; ukugandeleleka ngokomkhumbulo njll.
- Ngemuva kwalokho—ke nikela abantwana ilwazi elaneleko ekungilo ukubasiza ukuzwisisa ngalokho okwenzakalako, ngaphandle kokungezelela ukwesaba kwabo nofana ukuba nevalo.

Kwamaswaphela, nikela abantwana amanye wamaqhinga ukubarhelebha bakwazi ukujamelana nanyana ngikuphi ukwesaba nofana ukutshwenyeka.

- Hlathululela abantwana bonyana khuyini abangakwenza kobana bahlale baphephile.
- Okhunye godu hlathululela abantwana bonyana nange batshwenyekileko nofana basesaba,bafanele bakhulume ngalokho nomuntu omdala .

Siyathokoza ngokuragela phambili ngokucabanga ngokungeneleleko ngokuthuthukiswa kwamakghono welitheresi.

Siqhema seNECT neseDBE